

Sustrans Bike It Update

The Big Pedal: Big Success!



Sixteen Bike It Schools and four non-Bike It schools from Stoke raced in The Big Pedal, a national virtual bike race. Run by Sustrans and funded by Bike Hub, the three week event aimed to increase the number of children, parents and staff cycling to school. The fastest Stoke-on-Trent school was Hillside Primary; all other schools took to the challenge with enthusiasm and contributed to over 14,000 journeys by bike to and from school.

Training for Teachers

On Monday July the 11th British Cycling will be running an ACAT training session in Stoke. This will train teachers to run cycle skills sessions in a traffic free environment, for example, on a school playground.

How to take part:

- Cost £95 for the day. Including resources pack
- Participants must have Qualified Teacher Status
- You must be able to ride a bike
- Deadline for registering an interest 4pm, Friday 27th May

Contact

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About Sustrans

Sustrans is the charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make every day. It's time we all began making smarter travel choices. Make your move. Support Sustrans today.

About Bike It

Sustrans' Bike It project enables thousands of children to cycle to school every day. It helps schools highlight cycling in their travel plans; supports cycling champions; and proves cycling is a popular choice amongst children and parents. It equips children with the skills they need to cycle, and parents with the peace of mind to let them.

Each Bike It officer works with around 24 schools over a three-year period to create a pro-cycling culture that then sustains itself – with support schemes like the Bike It School Mark in place to continue the project's benefits.

Bike It is made possible with the support of the Bike Hub and also funding from organisations including the Big Lottery Fund, Transport for London, the Welsh Assembly Government, NHS Primary Care Trusts and local authorities.

To find out more, visit:

www.sustrans.org.uk/bikeit

We'd love to hear from you...

Sustrans' Bike It officers for Stoke-on-Trent are Steve and Jennie.

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10th Stoke School Gains Cycling Award

Sneyd Green Primary has become the 10th Bike It School in Stoke to receive the Bronze Bike It School Mark award.

Schools achieve this when they demonstrate a long-term commitment to promoting cycling through offering a range of activities with the support of the school Bike It Officer.

Stoke Schools Awarded Bronze are:

St. Matthews, Weston Coyney Junior, Maple Court, St. Maria Goretti, Hillside, Packmoor, Ball Green, Moorpark Junior, New Ford, and Sneyd Green

Bike It Vital Statistics 2010-2011:

- **City-Wide cycling levels at Bike It Schools has increased on average from 8.3% to 26.5% (2009-2010 Hands Up Survey Figures)**

- **Numbers of Regular Cyclists:**

St. Peter's RC Primary increased from 2.3%-33.1%

Hillside 16 pupils to 85

Maple Court 13 pupils to 84

Ball Green 0% to 51.1%

- **Activities so far in 2010-2011 have included:**

Bike breakfasts

Bike Rides

Playground skills

Parent consultation evenings

Incentive schemes

Curriculum sessions including History, Geography, Health and Fitness, PHSE

- **Involving:**

Nearly 20,000 pupils

Over 1000 staff

Nearly 600 parents

(Numbers are not all different people!)

- **Dates for your Diary!**

Tour Series in Stoke 7th June

National Bike Week 18th-26th June

Community Bike Event at Sandyford Fire Station Sunday 26th June

Organised by Kidsgrove Wheelers Cycling Club

British Cycling ACAT for teachers July 11th

You must register interest by 4pm on May 27th

Bike It Schools in Tandem

Two schools from Abbey Hulton are working together to make cycling more sustainable in their community. Our Lady and St. Benedict's Catholic Primary and Abbey Hulton Primary have joined forces to run regular cycling events, developing their excellent work to increase cycling to school.

School Bike It Champions Lorraine Adams and Bryan Fox, met at the Bike It Action Day 2010 and decided to enhance the existing cooperation between the schools by running joint bike skills sessions, bike rides and inter-school competitions.

Why not try linking up with a school close to yours, or one you already have links with, for example at a sports day, community event or just to exchange ideas?

Contact us for ideas, advice and information about schools involved in Bike It!

