

CITY CATERING

PRIMARY SCHOOL MENU 2009/2010



WEEK ONE Week Beginning 2 Nov, 30 Nov, **28 Dec**, 25 Jan, 22 Feb, 22 March, 19 April, 17 May, 14 June, 12 July, **9 Aug**, 6 Sept, 4 Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cornish Pasty Pie/Vegetable Pie (V) Gravy Oven Baked Fish Fingers Boiled Egg & Grated Cheese Salad (V)	Meatballs in Gravy Margarita Pizza (V) Leek & Potato Soup Served with a Wholemeal Ham Finger Roll	Mini Chicken Fillet Stuffing Gravy Cheese & Potato Bake (V) Staffordshire Lobby & Crusty Bread	Cottage/Shepherdless Pie Gravy Oven Baked Fishcake Hot Chicken Tikka & Salad in a Pitta Bread with mint dip	Roast Lamb & Mint Sauce Gravy Vegetable Milanaise Jacket Potato topped with Mackerel Pate
Creamed Potatoes Garlic Bread	Noodles Spicy Jacket Wedges Bloomer Loaf	Creamed Potatoes Roast Potatoes French Stick	Boiled Potatoes Cottage Loaf	Creamed Potatoes Tricolore Pasta Twists Herb Bread
Sliced Green Beans Carrots & Peas Salad Selection Vegetable Nibbles	Cauliflower & Peas Baked Beans Salad Selection Vegetable Nibbles	Farmhouse Vegetables Salad Selection Vegetable Nibbles	Garden Peas Sweetcorn Salad Selection Vegetable Nibbles	Seasonal Cabbage Baton Carrots Salad Selection Vegetable Nibbles
Fruit Platter Selection of Fresh Fruit Fruit Yogurt Golden Crunch Cookie	Fruit Platter Selection of Fresh Fruit Crackers & Cheese Chocolate Surprise Pudding & Custard	Fruit Platter Selection of Fresh Fruit Fruit Yogurt Mandarin Oranges & Ice Cream	Fruit Platter Selection of Fresh Fruit Crackers & Cheese Vanilla Shortcake	Fruit Platter Selection of Fresh Fruit Fruit Yogurt Drizzled Iced Sponge & Custard
Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water

CITY CATERING

PRIMARY SCHOOL MENU 2009/2010



WEEK TWO Week Beginning 9 Nov, 7 Dec, 4 Jan, 1 Feb, 1 March, 29 March, 26 April, 24 May, 21 June, 19 July, 16 Aug, 13 Sept, 11 Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Hot Pot/Cheese & Onion Hot Pot (V) Gravy Fillet of Fish in Breadcrumbs Ham Ploughman's Lunch (N)	Chicken & Sweetcorn Pie Gravy Vegetable Fajita (V) 100% Beefburger in Bap	Lamb Rogan Josh Margarita Pizza(V) Carrot & Coriander Soup served with a Wholemeal Turkey Bap	Roast Beef & Yorkshire Pudding Gravy Vegetable Pie Flaked Tuna Salad	Top Crust Munster Pie Gravy Oven Baked Sausages Jacket Potato topped with Beans & Cheese (V)
Creamed Potatoes French Stick	Creamed Potatoes Spicy Jacket Wedges Bloomer Loaf	Boiled Rice Chipped Potatoes Pitta Bread	Roast Potatoes Creamed Potatoes Cottage Loaf	Creamed Potatoes Bloomer Loaf
Cauliflower & Carrots Garden Peas Salad Selection Vegetable Nibbles	Broccoli Carrots & Sweetcorn Salad Selection Vegetable Nibbles	Farmhouse Vegetables Baked Beans Salad Selection Vegetable Nibbles	Sliced Green Beans Sweetcorn Salad Selection Vegetable Nibbles	Garden Peas Baked Beans Salad Selection Vegetable Nibbles
Fruit Platter Selection of Fresh Fruit Crackers & Cheese Chocolate Drizzled Cup Cake (N)	Fruit Platter Selection of Fresh Fruit Fruit Yogurt Strawberry Jelly & Whip	Fruit Platter Selection of Fresh Fruit Crackers & Cheese Fruity Flapjack (N)	Fruit Platter Selection of Fresh Fruit Fruit Yogurt Iced Fruit Pot Oaty Apple & Rhubarb Crumble (N) & Custard	Fruit Platter Selection of Fresh Fruit Crackers & Cheese Chocolate Sponge Custard
Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk ($\frac{1}{3}$) Milk Shake Apple & Blackcurrant Juice Orange Juice Water

CITY CATERING

PRIMARY SCHOOL MENU 2009/2010



WEEK THREE Week Beginning 16 Nov, 14 Dec, 11 Jan, 8 Feb, 8 March, 5 April, 3 May, 31 May, 28 June, 26 Jul, 23 Aug, 20 Sept, 18 Oct

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Shepherds Pie Gravy</p> <p>Margarita Pizza (V)</p> <p>Flaked Tuna Salad</p>	<p>Mini Chicken Fillet & Stuffing Gravy</p> <p>Cheese Whirls (V)</p> <p>Golden Vegetable Soup served with Wholemeal Ham Sandwich</p>	<p>Bolognaise Sauce/Vegetarian Bolognaise (V)</p> <p>Oven Baked Fish Fingers</p> <p>Jacket Potato topped with grated Cheese & Beans (V)</p>	<p>Meat & Potato Pie Gravy</p> <p>Bean & Mushroom Chilli</p> <p>Butternut Squash Soup served with a Cheese Roll</p>	<p>Roast Pork & Apple Sauce Gravy</p> <p>Cheese & Potato Bake (V)</p> <p>Flaked Salmon Salad</p>
<p>Chipped Potatoes Jacket Potatoes Bloomer Loaf</p>	<p>Boiled Potatoes Cottage Loaf</p>	<p>Spaghetti Creamed Potatoes Garlic Bread</p>	<p>Creamed Potatoes Boiled Rice Pitta Bread</p>	<p>Boiled Potatoes Creamed Potatoes French Stick</p>
<p>Farmhouse Vegetables Coleslaw Salad Selection Vegetable Nibbles</p>	<p>Garden Peas Baked Beans Salad Selection Vegetable Nibbles</p>	<p>Sweetcorn Broccoli Salad Selection Vegetable Nibbles</p>	<p>Seasonal Cabbage Baton Carrots Salad Selection Vegetable Nibbles</p>	<p>Broccoli & Sweetcorn Baked Beans Salad Selection Vegetable Nibbles</p>
<p>Fruit Platter Selection of Fresh Fruit Fruit Yogurt Rice Krispie Crunch</p>	<p>Fruit Platter Selection of Fresh Fruit Crackers & Cheese Lemon Drizzled Iced Sponge Custard</p>	<p>Fruit Platter Selection of Fresh Fruit Fruit Yogurt Sunshine Muffin</p>	<p>Fruit Platter Selection of Fresh Fruit Crackers & Cheese Golden Fruit Salad & Ice Cream</p>	<p>Fruit Platter Selection of Fresh Fruit Fruit Yogurt Chocolate Marble Sponge Custard</p>
<p>Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water</p>	<p>Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water</p>	<p>Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water</p>	<p>Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water</p>	<p>Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water</p>

PRIMARY SCHOOL MENU 2009/2010



WEEK FOUR Week Beginning 23 Nov, 21 Dec, 18 Jan, 15 Feb, 15 March, 12 April, 10 May, 7 June, 5 July, 2 Aug, 30 Aug, 27 Sept, 25 Oct,

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Golden Fish Pie Oven Baked Sausages Gravy Egg & Grated Cheese Salad (V)	Farmhouse Lamb & Yorkshire Pudding Margarita Pizza (V) Jacket Potato topped with Tuna & Sweetcorn	Chicken & Ham Puff Cheese Oatcake(V) Potato & Broccoli Soup served with Wholemeal Ham Sandwich	Roast Turkey & Stuffing Gravy Cheese & Yogurt Quiche (V) Hot Turkey & Stuffing Bap	Minced Beef & Onion Pie Gravy Salmon Bites Creamy Tomato Soup served with Wholemeal Cheese Bloomer (V)
Boiled Potatoes French Stick	Chipped Potatoes Jacket Potato Cottage Loaf	Creamed Potatoes Bloomer Loaf	Creamed Potatoes Roast Potatoes Cottage Loaf	Boiled Potatoes Creamed Potatoes Bloomer Loaf
Garden Peas Carrots Salad Selection Vegetable Nibbles	Broccoli Sweetcorn Salad Selection Vegetable Nibbles	Peas & Carrots Baked Beans Salad Selection Vegetable Nibbles	Farmhouse Vegetables Oven Baked Tomatoes Salad Selection Vegetable Nibbles	Cauliflower Peas & Sweetcorn Salad Selection Vegetable Nibbles
Fruit Platter Selection of Fresh Fruit Crackers & Cheese Carrot Cake Peaches & Ice Cream	Fruit Platter Selection of Fresh Fruit Fruit Yogurt Plain American Cookie	Fruit Platter Selection of Fresh Fruit Crackers & Cheese Jam Feathered Sponge Custard	Fruit Platter Selection of Fresh Fruit Fruit Yogurt Chocolate Shortcake	Fruit Platter Selection of Fresh Fruit Cheesecake Iced Yogurt Pot
Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water	Milk (1/3) Milk Shake Apple & Blackcurrant Juice Orange Juice Water